

THE STORY OF THE STICKY SWEET SNACKER

I knew a snacker who snacked all day
He wasn't afraid of tooth decay
He loved all the snacks that were sticky and sweet
But those kind of snacks aren't really a treat

He ate some candy, and some bears that were gummy
He snacked so much he got sore in the tummy
But worst of all was what happened to his smile
He got holes in his teeth, that's not in style!

The cavity creeps loved all the sugar he ate
The holes the creeps made just couldn't wait
So off to the dentist this snacker went in a flash
To spend some of his time and some of his cash

The Dentist was cool, he was nice, he was smart
He was gentle with the snacker, 'cuz he had a big heart
With his tools he chased every cavity away
And filled all the holes, he sure saved the day

The Dentist then started to teach him some stuff
How to eat the right snacks to keep his teeth tough
Eat fruits and vegetables, don't drink lots of pop
Drink milk and water, if you want cavities to stop

So off on his way, the snacker did go
With clean healthy teeth that he loved to show
Now candy was a a snack only once in a while
And now he knows how to care for his great looking smile

By Dr. Marty J. Matz